

CENTRE MEMBER NOMINATION FORM FOR LAQ COMPETITIONS

CENTENARY

MEDIBANK SENIOR CARNIVAL / JUNIOR PENTATHLON

Sunday 3rd November 2013

SAF - Nathan - Brisbane

Nomination Fee: \$10 per athlete

Direct Credit BSB: 124018 Account: 10375857 Ref: Surname; Age Group; Gender
(ie SMITH U8G)

CLOSING DATE: 18th October 2013

This form must be returned to the Nominations officer by this date or your nomination cannot be accepted.

Forms may be emailed to clac.nominations@gmail.com

EVENTS		Shaded events indicate those contested in pentathlon				Maximum of 5 events per athlete (Please tick)																	
		U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17											
Shaded boxes indicate events which ARE NOT available to that age group	PENTATHLON																						
	Sprints	70m																					
		100m																					
		200m																					
	Middle/	400m																					
	Distance	800m																					
		1500m																					
	Walks	700m																					
		1100m																					
		1500m																					
		3000m																					
	Hurdles	60m																					
		80m																					
		90m																					
		100m																					
		200m																					
	Long Jump																						
	High Jump																						
	(Starting Height)						0.80m	0.90m	1.00m	1.10m	1.20m	1.25m	1.30m	1.35m	1.35m								
	Triple Jump																						
	Shot Put																						
	Discus																						
	Javelin																						

Surname _____ Contact ph/email _____

First Name _____ Rego No. _____

Boys/Girls _____ Age Group U _____ No. of Events _____ Fees \$ _____

Parent/Guardian: (name) _____