

NOMINATION FORM FOR LAQ COMPETITIONS

BENDIGO BANK REGIONAL CHAMPIONSHIPS

Saturday & Sunday 8/9th February 2014

Kenmore State High School

Nomination Fee: NIL

CLOSING DATE: Friday, 13th December 2013

This form must be given to the Nominations officer by this date or your nomination will not be accepted.

Forms may be emailed to clac.nominations@gmail.com

EVENTS		U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17
		Sprints	70m									
	100m											
	200m											
Middle/	400m											
Distance	800m											
	1500m											
Walks	700m											
	1100m											
	1500m											
Hurdles	60m											
	80m											
	90m											
	100m											
	200m											
Long Jump												
High Jump												
Triple Jump												
Shot Put												
Discus												
Javelin												

Shaded boxes indicate events which ARE NOT available to that age group

Surname _____

Contact ph/email _____

First Name _____

Rego No. _____

Boys/Girls _____

Age Group U _____

No. of Events _____

Parent/Guardian: (name) _____

I am prepared to assist at the event Centenary has elected to officiate on the day