

# NORDIC SPORT JUNIOR CARNIVAL / SENIOR PENTATHLON CENTENARY

Sunday 2nd March 2014

SAF - Nathan - Brisbane

Nomination Fee: \$10 per athlete

Direct Credit BSB: 124018 Account: 10375857 Ref: Surname; Age Group; Gender  
(ie SMITH U8G)

**CLOSING DATE: 21st February, 2014**

*This form must be given to the Nominations officer by this date or your nomination will not be accepted.*

*Forms may be emailed to [clac.nominations@gmail.com](mailto:clac.nominations@gmail.com)*

EVENTS		Maximum of 5 events per athlete (Please tick)				Shaded events indicate those contested in pentathlon for each age group and/or gender							
		U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	
Shaded boxes indicate events which ARE NOT available to that age group	<b>PENTATHLON</b>												
	Sprints	70m											
		100m											
		200m											
	Middle Distance	400m											
		800m											
		1500m											
	Walks	700m											
		1100m											
		1500m											
		3000m											
	Hurdles	60m											
		80m								Girls			
		90m								Boys	Girls	Girls	Girls
		100m									Boys	Boys	Boys
		200m											
	Long Jump						Girls	Boys	Girls				
	High Jump (Starting Height)				0.80m	0.90m	Boys 1.00m	Girls 1.10m	Boys 1.20m	1.25m			
	Triple Jump												
	Shot Put						Girls	Boys	Girls				
	Discus						Boys	Girls	Boys				
	Javelin												

Surname \_\_\_\_\_ Contact ph/email \_\_\_\_\_  
 First Name \_\_\_\_\_ Rego No. \_\_\_\_\_  
 Boys/Girls \_\_\_\_\_ Age Group U \_\_\_\_\_ No. of Events \_\_\_\_\_ Fees \$10-00  
 Parent/Guardian: (name) \_\_\_\_\_